

LUNCH MENU



paramount
all the elements of great food
grill

prices are for full portion/or half order

Salads, Soups and Wraps

Roasted beet, plum tomato, walnut, cucumber, mozzarella and romaine salad tossed in our house made roasted garlic oil with balsamic reduction ... 9/6

Fresh berries with poached haricot verts, sliced granny smith apples, pecans, Montrachet goat cheese and assorted field greens tossed in a raspberry basil vinaigrette ... 11/7

Chicken salad served on spinach with cucumber, plum tomato, red onion, avocado, walnuts, asparagus and served with fig-balsamic-vinaigrette ... 11/7

Roasted garlic Caesar with roma tomatoes, crisp romaine, pinenuts and homemade croutons and house made dressing ... 9/6

Add extra: grilled chicken ... 4,
fish of the day ... 8, or shrimp ... 8

Greek spinach salad wrap with white beans, feta cheese, pinenuts, cucumber, sundried tomato and kalamata olives ... 8

Roasted chicken salad wrap with avocado, plum tomato and exotic greens ... 9

Soups of the day, *ask your waiter* ... 5/3

Paninis and Burgers

Roasted portabello mushroom roasted red pepper, goat cheese, greek olives, pesto, caramelized onion and fresh spinach ... 8/5

Grilled duck B.L.T. with fried green tomato, fresh basil, chipotle aioli and sharp cheddar ... 9/5.5

Roasted chicken with sharp cheddar, bacon, plum tomato, organic greens and avocado, garlic aioli ... 9/5.5

Southwestern black bean burger with goat cheese, avocado, chipotle aioli served with roasted yukon gold potatoes ... 8

Grilled angus burger served with roasted yukon gold potatoes ... 9

Add your choice of: Cheddar, Blue Cheese, Goat Cheese, Mozzarella, smoked bacon or Avocado75¢
sautéed portobellos or vidalia onions50¢

Entree's

Almond encrusted crab cakes with a citrus vinaigrette, balsamic reduction, goat cheese mousse, organic green and vegetable salad ... 15

Shrimp sauté with portabello mushrooms, wilted spinach, pappardelle and sherry basil cream sauce with romano and pinenuts ... 16

Grilled duck, black bean and cheddar burrito with basmati rice, avocado, salsa fresca and sour cream ... 16

Roasted bacon wrapped free range chicken breast, oven fries and caesar salad ... 17

Wild mushroom ravioli, tomato basil marsala wine sauce with spinach salad, pinenuts and romano ... 15

Consumption of raw and undercooked meats may cause harm to certain individuals